

GRAND MASTER KIM - FOUNDER OF KIM'S TAEKWON-DO



Great Grand Master Kim was born in Kim Chun City, Korea. He is the founder of our Taekwon-Do organization that has classes in five Northwestern states. He has inspired over 40,000 students since he began his career in the United States over 40 years ago.



KIM'S TAEKWON-DO Traditional Korean Martial Arts

INSTRUCTORS

Master Cynthia Brown holds a 6th degree black belt, and Master Aaron Brown holds a 5th degree black belt. Instructors Ngan Vo and Todd Hawes both hold 3rd degree black belts. Recently they celebrated the 6 year anniversary of their studio at SE 13th and Tacoma in Sellwood. The Browns have also been teaching for the City of Portland through Portland Parks and Recreation for the past 18 years. They currently have over 300 students taking classes throughout the Portland area.



**MAIN STUDIO:
8113 SE 13TH AVE
PORTLAND, OR 97202**

**Phone: 503-708-9083
Email: cynthiabrown@comcast.net
Visit us online!
WWW.KIMSTKDPORTLAND.COM**



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503-708-9083**



TAEKWON-DO PHILOSOPHY

“TO BECOME AN HONORABLE HUMAN BEING WITH PERFECT CHARACTER AND PHYSICAL CONDITION.”

BUILDING THE WHOLE PERSON

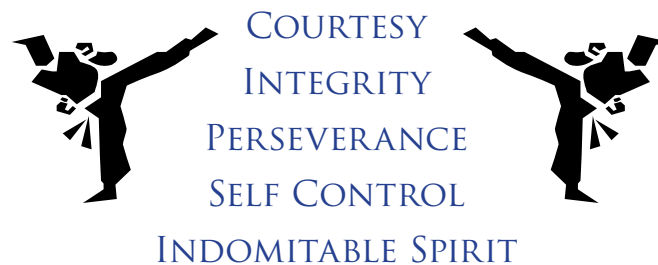
We emphasize academic performance and students receive scholastic achievement awards for getting good grades. We encourage students to use their self-discipline and self-confidence to reach their personal goals.



TRADITIONAL TAEKWON-DO

Taekwon-Do is an aerobic exercise utilizing kicks, punches and blocks to enhance coordination, strength and balance. Students practice self-control while sparring, allowing men, women and children to work out together.

THE FIVE TENETS OF TAEKWON-DO



CLASS SCHEDULE - (NO CLASS ON FRIDAYS)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ALL		12:00-1:00pm		12:00-1:00pm		Advanced 12:00-1:00PM
KIDS		4:00-5:00pm (ages 7+)	First Kicks 4:00-4:45pm (ages 5-7)	4:00-5:00pm (ages 7+)		
OPEN	5:00-5:30pm	5:00-5:30pm	5:00-5:30pm	5-5:30pm		
FAMILY / ALL	5:30-6:30pm	5:30-6:30pm	5:30-6:30pm	5:30-6:30pm		
ADULT	6:30 - 7:30pm	6:30 - 7:30pm	Advanced 6:30 - 7:30pm	6:30 - 7:30pm		

COME GET YOUR “KICKS” WITH US!

Monthly Unlimited Classes	\$70.00
Family Rates	
2 People	\$125.00
3+ People	\$160.00
First Kicks (5-7 years old) Wednesdays Only	\$40.00
Drop in Rate	\$15.00 / class

Uniforms	
Lightweight	\$35.00
Heavyweight	\$60.00



**New Student Special! 20% Savings
3 Months + Uniform = \$200**