



**MARCH 1ST 2025  
BLACK BELT PROMOTIONS**

***Please join us in congratulating the following students for their successful advancement to their next belt level.***



***Ms. Rachel Ginocchio, 3rd Dan***

“I am mom to two 2nd Dan belts, Lila Hà (17) and Hudson (22). Though Hudson is off to college and no longer does Taekwondo, Lila Hà and I continue to share a Taekwondo practice -- which now includes assisting Master Brown and Master Rohde for Thursday afternoon classes. What began as a fun activity I could do with my children has become something that enriches my body, mind and spirit. I thank Master Brown, all of my instructors, and my fellow practitioners for their time, attention, encouragement, and unwavering support. I’m honored and humbled to be part of the Kim’s Taekwondo family.”



***Mr. Michael Reyes, 3rd Dan***

“I’ve been training with Kim’s Taekwon-Do for 10 years now. I enjoy the physical and mental challenge of the sport as well as the community of peers I’ve gotten to know along the way. I strive to continue becoming a better martial artist and instructor for the next generation. I’m thankful for all my teachers along the way: Master Shelby Tooze, Master Rick Bossen, and the late Master Ron Williams, who helped me accomplish my Taekwon-Do goals. I’m especially grateful for my wife’s love and support and for my kids who train alongside me.”





***Ms. Rheta Rabe, 2nd Dan***

“I started Taekwon-Do in April of 2018 as a way to exercise with my daughter. It’s now an activity I enjoy with both of my daughters and a great crew of kids and adults at East Portland Community Center. The concepts of courtesy, integrity, perseverance, self-control and indomitable spirit are an excellent foundation in my work as an elementary school teacher.

I am thankful for my main instructors, Master Tooze and Master Bossen for their dedication in supporting me to achieve my second degree belt. Mr. Reyes, Mr. Good and the East Portland crew have also been very supportive. Many thanks to Master Brown for continuing to offer online classes, Master Vo for Wednesday class, and all the Saturday instructors! ”



***Mr. Brian Stafki, 1st Dan***

“I live in Montavilla with my partner Jennifer, son Max (16), five cats and four chickens. I started Taekwondo in late 2018 with Max, tried online classes before taking a break, and returned in 2022 when we could be in person again.

I was born in Minnesota and grew up in New Mexico. I enjoy cooking, eating spicy food, gardening, anything outdoors, movies, and more. I hold a bachelor's degree in biology with a focus in ecology, and a master's in education with a focus on leadership and administration. I work for the Oregon Health Authority. I have worked in leadership and supervision, policy analysis, workforce development, community education, outreach and communications including for local governments and nonprofits. My core values include inclusivity, community, dependability, diversity and teamwork.”



***Miss Liliana Ramos, JR 1st Dan***

“I started taekwondo when I was nine years old. A black belt was kind of a goal that I never thought that I would achieve. Back then it was more of a dream. I wasn't too sure I even wanted to do taekwondo when my mom told me that she had signed me up, but when I attended my first class, I knew that this was something that I wanted to do. I am excited to keep pursuing new achievements and different degrees of black belt. I would like to thank Mrs. Master Brown, Mr. Master Brown, Master Secord, and Master Rohde, for getting me where I am today. Also, my brothers, for choosing to do taekwondo with me. And lastly, my mom for driving me to all my lessons and encouraging me along the way. “



***Mr. Arlo Davis, JR 1st Dan***

“When I first went to Taekwon-Do, it was to help my feet. I was always walking on my tip toes. Taekwon-Do has inspired me to never give up when things are difficult and it has also inspired me to be ambitious and step out of my comfort zone. Without ambition, I would have much worse grades and have much less things I get to do. Although my ambition can sometimes lead to injuries, I always stick with it. I would like to thank my parents for signing me up for Taekwon-Do and I want to thank Masters Brown, Master Hawes, Master Osgood, Master Rhode, Ms. Whelan, and all my other instructors for pushing me to be the best I could be.”



Testing in Boise March 15<sup>th</sup>. Picture will be uploaded then.

**Miss Ivy Shapiro, JR 1st Dan**

“I am twelve years old. I was born in Portland, OR and when I was seven, we moved to John Day. I love to draw, read, and write, but I have been in Kim’s Taekwondo for over four years now. I’ve done four tournaments and six demonstrations. I thank my family for helping me through this journey and I especially thank my teacher Mrs. Coombs for the time she has spent teaching me what I know today. I also thank all my friends for always believing in me.”



**Mr. Donovan Henry, JR 1st Dan**

“I first started Taekwondo when I was 7 years old. My favorite memories are breaking my very first board as a blue belt, and, as a brown belt, I earned my first gold medal for forms. I am thankful for Masters Brown, Master Secord, Master Rohde, Master Vo, Master Osgood, Master Hawes, and all the other teachers. When I first joined, I was extremely nervous. All my instructors helped me gain confidence in my abilities. By working on Taekwondo, I must be disciplined, work hard, and not give up even when it's hard and I get frustrated. I’m grateful for all the friends I’ve made, and I'm motivated to try to get more gold medals in the future.”

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